



### Can the Employee Assistance Program help with locating childcare services?

The LifeResources Work/Life team has been discussing and preparing for the realities around growing childcare needs upon the start of the academic year. LifeResources is ready to assist in this regard.

Those eligible for LifeResources can call the EAP at **800-759-8122** and indicate they're seeking childcare resources. They will be connected with a Work/Life Specialist. Individuals covered by a HealthTrust medical coverage, their covered dependents and household members are eligible for the LifeResources EAP.

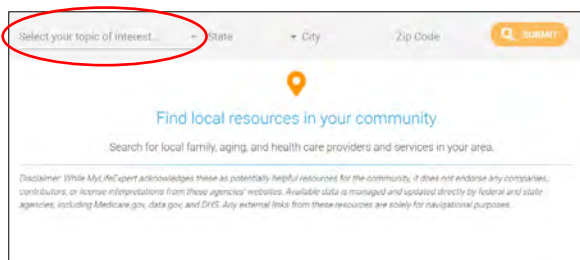
The Work/Life Specialist will work with them to find childcare sites that meet their criteria (e.g., child has allergies, child's age, no pets at facility, maximum number of children, whether they prefer a daycare center or a licensed in-home facility, etc.). They can typically locate three to five daycare locations in a caller's geographic area, and verify the sites are all operating and have openings. If callers end up needing additional help with childcare after receiving resources from the Work/Life Specialist, they are encouraged to call back to continue to work with the EAP.

There is also a "Resource Locator" tool on [www.mylifeexpert.com](http://www.mylifeexpert.com) - **Username:** healthtrust, **Password:** resources. This may be a helpful option for finding licensed-verifiable childcare centers as well. See the screenshots below:

1. Scroll to the bottom of any page and find this "footer." Click on Resource Locators.



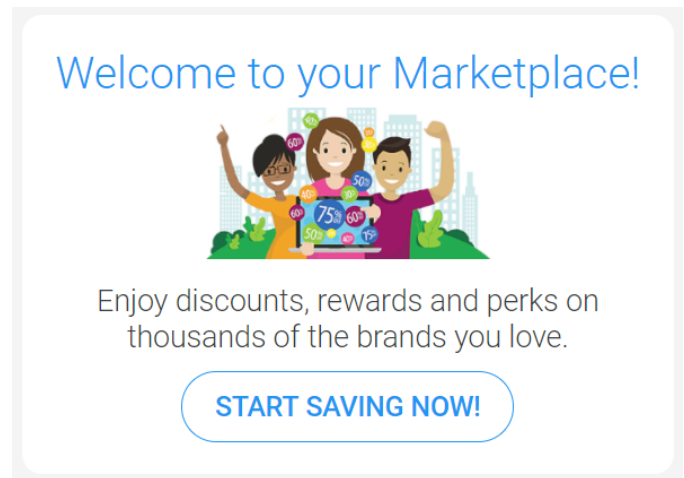
2. Use the dropdown menu for "Select your topic of interest"



### NEW LifeResources Discount Marketplace – Now available on [www.mylifeexpert.com](http://www.mylifeexpert.com)

Did you know that through the LifeResources EAP you can access discounts on products including car rentals, food delivery services, pet products and insurance, fitness classes, and cellphone services? Just follow the five simple steps below to access these and many other discounts.

1. Log in to LifeResources by going to [www.mylifeexpert.com](http://www.mylifeexpert.com) **Username:** healthtrust | **Password:** resources
2. Scroll down on the homepage to find the tile below on the right-hand side of the screen.



3. Click on "Start Saving Now!" to be directed to the Discount Marketplace site.
4. Click the "Guest" button on the top right-hand corner then click "Sign Up" to create an account.
5. After a quick registration—there are no costs to register—you can access the discounts. There are a lot of great deals, so be sure to check it out!

