

# May Rec Calendar

## Sunday

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday



Pickleball 12pm-4pm



Walking 7am-9am



Pickleball 9am-12pm  
(Court 1 & 2 Beginners  
only 9am-10am)



Senior Shape-up  
9-10am



Walking 11-12:30pm



Flag Football Intramurals  
3pm-5:00pm



Tae Kwon Do  
5:00-9:00pm



Drop In Pickleball  
5:30pm - 8:30pm



Walking 7am-9am



Pickleball 9am-1pm  
(70+ only 9am-11am)



Zumba 10:40-11:40



Qi Gong 11-12pm



Youth Open Gym  
3pm-5pm



Esports Session 5  
3pm-5pm



Owls Bball  
5:30 - 7:30pm



Jump Rope 5:30 - 7PM



Walking 7am-9am



Pickleball 9am-12pm  
(Court 1 & 2 Beginners  
only 9am-10am)



Senior Shape-up  
9-10am



Walking 11-12:30pm



Flag Football Intramurals  
3pm-5:00pm



Jump Rope 5:30 - 7PM



Walking 7am-9am



Pickleball 9am-1pm  
(70+ only 9am-11am)



Zumba 10:40-11:40



Youth Open Gym  
3pm-5pm



Esports Session 5  
3pm-5pm



Drop In Pickleball  
5:30pm - 8:30pm



Tae Kwon Do  
5:00-9:00pm



Walking 7am-9am



Pickleball 9am-2pm



Senior Shape-up  
9-10am



Walking 11-12:30pm



Youth Open Gym  
3pm-5pm



Open Gym  
12:00pm-4pm



Jump Rope  
10:00AM - 12:00PM